



A collaborative program of the Jefferson Union High School District and the San Mateo Medical Center

PLAY Internship At DCYHC

ORGANIZATION: Daly City Youth Health Center

REPORTS TO: PLAY Manager

SCHEDULE: August 2024-June 2025, 10-15hrs/week

INTRODUCTION:

The Daly City Youth Health Center believes in the potential of all young people, and with a little help and guidance, they can make smart decisions that set them on track for a healthy and productive life. Young people today are dealing with impacts of the COVID-19 pandemic. In response to the pandemic, this new way of life has exacerbated issues young people had already been dealing with, including pregnancy, sexually transmitted infections, substance abuse, stress, bullying and suicide. These challenges are greater in northern San Mateo County where at least a third of our young people live in poverty and many are immigrants facing language and cultural barriers. Many don't know where to get the help and support they need.

For 34 years Daly City Youth Health Center has prepared our communities' teens and young adults for a healthy and productive adulthood. The Health Center is a school-linked program of the Jefferson Union High School District in collaboration with a medical clinic operated by the San Mateo Medical Center. The Health Center provides free, confidential and culturally sensitive primary medical care, mental health counseling, and health education to adolescents aged 12-24 years of age.

Project PLAY (Peer Leadership Alternatives for Youth), established in 1996, is the Health Center's teen pregnancy prevention program and has two main initiatives: (1) comprehensive sexuality education; and (2) peer health education training.

DESCRIPTION OF POSITION:

Under the direction of the PLAY Manager, the Intern will implement a comprehensive Sex Education program in the Jefferson Union High School District. They will also assess the effectiveness of the intervention through evaluative surveys. In addition, the intern will select one additional outreach project to lead, facilitate, and evaluate the effectiveness of the outreach. All of these activities will be conducted through a hybrid model (at the discretion of DCYHC), in-person and remotely from August 2024-June 2025. The internship can be adjusted to meet internship, APEX, or practicum needs.

RESPONSIBILITIES:

- Prepare and implement a 10 hour sexual health education curriculum to JUHSD classrooms.
- Provide information on pregnancy and STI/HIV prevention methods at schools and other service sites.
- Assist with planning and implementation of health education related events (as needed).
- Create, modify, and implement curriculum materials.
- Collect, compile, review, and enter accurately all data and activities, for grants and program evaluation purposes.
- Serve as a liaison between the schools, Youth Health Center, other project staff and collaborative agencies.
- Refer teens at schools and other service sites to clinical services and other resources.

- Adhere to guidelines and organizational policies and procedures.
- Attend team meetings and other program meetings on a weekly or monthly basis.
- Collaborate with behavioral health, medical, and administrative teams on projects relating to PLAY and overall Youth Health Center's mission.
- Reliable access to technology and network requirements for working virtually.
- Create outreach and recruitment materials.
- Act as the contact and liaison for youth.
- Cultivate and foster an inclusive, collaborative work environment with youth and peers.
- Regularly communicate and collaborate with PLAY.
- Present professionally during all activities
- Be engaged
- Hold personal responsibility for timelines and assigned work
- Work independently to research, communicate, and collaborate as needed during the project.

REQUIRED QUALIFICATIONS:

- Strong written and verbal communication skills
- Strong presentation skills
- Well organized and efficient
- Accommodate and respond to youth's unique needs and being understanding of at-risk youth and their health and education-related issues, including physical, mental, educational, and social concerns.
- Ability to adapt to changes during the course of this project
- Flexible schedule and team oriented
- Strong collaborative skills including the ability to work well with people in a variety of work settings.
- Exercise good judgment under pressure
- Strong interest in working with at-risk youth from diverse backgrounds.
- Strong interest in working in school settings.
- Ability to receive and apply feedback.
- Have a fun and creative mindset.
- Experience in behavioral health preferred
- Current student preferred (post high school graduate or higher)
- Multilingual in Spanish or Tagalog preferred

Stipend offered

TO APPLY:

Send resume and cover letter to Mackinnon Ross at mross@jeffersonunion.net.

Due by June 14, 2024 *highly encouraged to apply as soon as possible as the position may be filled with the right candidate before June 14, 2024.*